

To obtain Rider 1 Certification through this program, candidates must be able to demonstrate the following tasks and to successfully complete a written exam at an assessment.

Rider 1 assessments are conducted by a certified EC Instructor of Beginners or Coach that may or may not be the candidate's own coach. It is recommended that the candidate be taught by a Certified Equine Canada Instructor of Beginners or Coach.

**The following is a list of tasks candidates must complete in order to be assessed for their Rider 1 certificate:**

1. Place and adjust a halter on a horse, and tie the horse in a secure manner,
2. Demonstrate proper grooming:
3. Demonstrate proper horse handling from the ground;
4. Saddle and bridle correctly;
5. Mount and dismount in an acceptable manner,
6. During the three gaits of walk, jog and lope maintain an acceptable position of:
  - the body
  - the legs
  - the hands;
7. Demonstrate and be able to list the proper aids for the three gaits;
8. Recognition of leads;
9. Demonstrate and be able to list the proper aids for the elementary method of stopping and backing;
10. Demonstrate and explain the direct and open rein effects.